

Monthly Group Meetings

Evening meetings are held monthly, with roundtable discussions and/or guest speakers from the professional or Down syndrome communities. The network hosts occasional family outings as well.

New Members Are Always Welcome!

Our meeting locations alternate between:

- ◆ The Children's Center, Edison, NJ
- ◆ The Main Library, Woodbridge, NJ
- ◆ Other fun family-oriented locations

Visit the website or contact us for details about next month's meeting.



Contact Us

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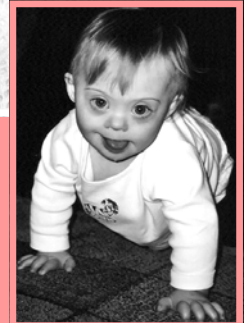
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◆ **Network 21** ◆
Supporting Families with Down Syndrome

A parent-run support network for families with Down syndrome in Central New Jersey



Network 21

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www.dsnetwork21.org

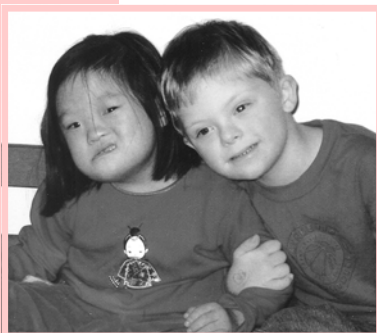
Network 21—Who We Are

Network 21 is a parent-run network for families with Down syndrome in Central New Jersey. We connect and support parents, caregivers, and individuals with Down syndrome. We identify and share resources that can better provide for the needs of individuals with Down syndrome in our community.

Founded by two moms in June of 2002, our group exists primarily to support families dealing with a variety of issues related to having a child with Down syndrome. Over the years, we've built a strong, caring network of friends, families, and professionals. This network is a vibrant community of everyday advocates who appreciate both the demands and the joys of raising children with Down syndrome.

Network 21 is an official affiliate of the National Down Syndrome Congress, the Arc of Middlesex County and the National Down Syndrome Society. These relationships allow Network 21 to promote Down syndrome awareness, coordinate fund

raising efforts and plan educational programs, at both national and local levels.



Our Affiliations



Network 21 Programs

Network 21 families support and educate each other and the broader community about Down syndrome. We seek and share information about early intervention and school districts, private therapy centers, community programs, medical experts, and legal specialists. Through this exchange our members and affiliates are constantly discovering ways to make Central New Jersey a better place for individuals with Down syndrome to live, learn, play, and work.

Network 21 holds monthly support meetings that combine member sharing, professional presentations, social and philanthropic event planning. Through these face-to-face gatherings, parents and caregivers meet others in Central New Jersey who share the common bond of Down syndrome.

Network 21 provides members a forum to get support, laugh, commiserate, question, socialize, and learn.

Network 21 fundraises on behalf of organizations that advocate and provide services for individuals with disabilities. We participate in local Buddy Walks, Arc events, and other non-profit awareness programs.

See our website for a calendar of local and national fundraising and awareness events.



Network 21 Resources

Network 21 offers the following resources:

- ◆ A caring, supportive parent network
- ◆ A community of everyday advocates to guide families with Down syndrome
- ◆ Presentations by specialists in a wide range of disciplines
- ◆ Social events for families
- ◆ Outreach and awareness programs and activities
- ◆ A dynamic and informative website: www.dsnetwork21.org
- ◆ An on-line forum: Yahoo Groups—dsnetwork21
- ◆ Opportunities to learn about topics related to special needs

Network 21

